

## **Therapeutic Oasis Welcomes Psychologist Dr. Jamie Ginberg to their Boca Raton Clinical Team**



**Boca Raton, FL – October 7, 2020:** Therapeutic Oasis, a well-known therapy and wellness center with offices in Palm Beach County, is pleased to announce Dr. Jamie Ginberg has joined their clinical team as a Licensed Clinical Psychologist in Boca Raton.

Dr. Ginberg earned her Doctorate in Clinical Psychology from Nova Southeastern University. Prior to attending graduate school, she graduated magna cum laude from the University of Pennsylvania, where she earned her Bachelor's degree in psychology with a minor in nutrition. Through her work in inpatient, intensive outpatient, private practice, and community mental health settings, Dr. Ginberg has extensive experience providing individual, family, and group therapy for children, adolescents, and adults presenting with a wide range of issues.

In addition to treating clients at the Boca Raton office, Dr. Ginberg will be providing comprehensive psychological and psychoeducational assessments for children, adolescents, and adults with academic, behavioral, emotional, developmental, and learning issues.

Dr. Ginberg's experience and expertise will be utilized as part of the comprehensive, individualized care offered to Oasis clients. Ginberg says "the most rewarding part of being a psychologist is being allowed to be a part of someone's journey and really help them build on their strengths. I am so excited to be able to do that at Oasis."

### **About Therapeutic Oasis**

Therapeutic Oasis of the Palm Beaches was founded in 2013 by licensed clinical psychologists Dr. Patricia Shutt and Dr. Nicole Friedman and Registered Dietitian and Nutrition Therapist Christie Caggiani. To date, the practice has guided hundreds of patients through their journey to health, happiness and peace via short-term and intensive therapy. With two locations now at 851 Broken Sound Parkway NW (Suite 250) in Boca Raton and 600 Heritage Drive (Suite #130) in Jupiter, Florida, Therapeutic Oasis offers an intimate healing environment designed to feel safe for clients and their families. Its growing staff of dedicated and skilled providers work collaboratively with a team-based approach to provide psychologically sound, evidence-based individualized treatment and integrative services that encourage mindfulness and balance. As a therapist-driven program, the holistic practice can work in tandem with psychiatrists and other medical professionals to curate expert teams for each client that may also encompass nutrition, yoga and other modalities. Learn more at [www.therapeuticoasis.com](http://www.therapeuticoasis.com).