



Registered Mental Health Counselor Intern, Megan Cassidy, has joined the Clinical Team at the Jupiter Office of Therapeutic Oasis.



Jupiter, FL – November 18, 2020: The Jupiter Office of Therapeutic Oasis is pleased to announce that Megan Cassidy, RMHCI has joined their practice and has become part of their clinical team.

Megan received her bachelor's degree in Elementary Education from Montana State University in Bozeman, Montana. While teaching in South Florida, she earned her master's degree in Mental Health Counseling from Palm Beach Atlantic University. Having completed her internship at Faulk Center for Counseling in Boca Raton, Florida, she gained experience working with clients across the lifespan with a variety of interpersonal, emotional, and behavioral goals.

Megan incorporates mind, body, and spiritual connection, working with the client in a holistic manner using integrative methods. She uses supplemental techniques to enrich the therapeutic experience and meet each person's individual needs. Megan has an honest, compassionate, and straightforward approach, providing a trusting and safe space for anyone who walks through the door. Megan stated "The most significant reward of this profession is witnessing individuals become more empowered, confident, and courageous to live a life that is meaningful to him or her. It is an honor to walk alongside clients as they maneuver through the therapeutic process."

About Therapeutic Oasis

Therapeutic Oasis was founded in 2013 by licensed clinical psychologists Dr. Patricia Shutt and Dr. Nicole Friedman and Registered Dietitian and Nutrition Therapist Christie Caggiani. In 2019, with additional owner, Marriage and Family Therapist, Clara Bossie, Therapeutic Oasis opened a second location. To date, the practice has guided hundreds of patients through their journey to health, happiness and peace via short-term and intensive therapy. With two locations now at 851 Broken Sound Parkway NW (Suite 250) in Boca Raton and 600 Heritage Drive (Suite #130) in Jupiter, Florida, the Oasis offers an intimate healing environment designed to feel safe for clients and their families. Its growing staff of dedicated and skilled providers work collaboratively with a team-based approach to provide psychologically sound, evidence-based individualized treatment and integrative services that encourage mindfulness and balance. As a therapist-driven program, the holistic practice can work in tandem with psychiatrists and other medical professionals to curate expert teams for each client that may also encompass nutrition, yoga and other modalities. Learn more at www.therapeuticoasis.com.